

WHAT TO EXPECT



Congratulations on completing your CoolPeel treatment! CO₂ lasers are the gold standard in treating wrinkles, age spots, acne scars, and other blemishes as well as tighten skin and balance tone. Damaged skin tissue is removed, or ablated, stimulating new collagen production and heat energy is delivered to tighten the skin. Sounds great but CO₂ treatments are often accompanied by considerable downtime and risk while damaged skin heals.

While many advances have been made to improve the side effects of CO₂ treatments, ONLY your CoolPeel treatment will deliver a fractional ablative treatment without the downtime. There is minimal risk of hyperpigmentation, demarcation or induced infection and below is what you can expect.

Post Treatment Care:

- Patient should feel a warm / sunburn sensation for about an hour post treatment.
- A light, non-burning, cream-based moisturizer should be used on the treated area.
- Keep the area hydrated with the moisturizer. Do not let the skin dry out.
- Sleep with a clean pillowcase and head slightly elevated.
- Avoid sun exposure, intense workouts and sweating per provider instructions.
- Do not expose the treated area to anything that may cause complications (dirt, pets, etc.) as advised by your provider.
- Skin should feel rough like sandpaper for 4-7 (or more based on treatment area) days post treatment.
- Mineral Makeup can be applied 24-48 hours post treatment.
- A cool misting spray may be used for comfort, if needed.
- CoolPeel can be repeated on a monthly basis until desired results are achieved.

Makeup Application Post Treatment

It is best to leave your skin without any make-up for at least 24 hours. You can then utilize a clean applicator to apply mineral makeup to ensure you maintain clear pores, allowing your skin to breathe and heal properly over time.

Anticipated Downtime

One of the main benefits of a CoolPeel is the minimal downtime. You should expect to be a little red, as if you have a sunburn, for a day, or two, but nothing should prevent you from returning to your normal daily activities. Your skin may feel dry and scaly as it heals so it is important to keep the skin hydrated.

