# •PULSEWAVE CELLULITE THERAPY•

## Is there any downtime?

No. Patients can carry on with their normal activities and sexual activity immediately after each session. We suggest avoiding hot tubs and vigorous exercise for 24-48 hours after treatment.

#### What is the treatment schedule?

PulseWave Cellulite Therapy involves 6 - 18 sessions, receiving 2 treatments per week for 3 - 9 weeks. 6 sessions may produce the desired smoothing for those with moderate or light dimpling. More sessions are often desirable for more moderate to severe cellulite.

### How long does each session take?

Each session takes 15-30 minutes per area. Multiple areas can be treated during the same longer appointment.

#### Do I need continuous treatment?

No. There is no need for lifelong treatment. Although some may benefit from an occasional maintenance treatment. Often, 1-2 courses of treatment will lead to long-term improvement without the need for continuous treatment.

## Is the treatment painful?

No. Patients should feel no pain and only a little discomfort. You may feel a tingling sensation. If the treatment is very uncomfortable, settings will be adjusted to eliminate discomfort.

#### Is It safe?

Yes! This is an FDA cleared technology, developed in Europe and used worldwide in all areas of medicine, including orthopedics and urology, with virtually no risks or side effects. Some may experience minor discomfort for a few days. Tylenol<sup>R</sup> is sufficient for any discomfort.

# Is PulseWave covered by insurance?

Insurance does not cover the cost of PulseWave Therapy. We do accept CareCredit<sup>tm</sup> and major credit cards.

## **Cost of Pulsewave Cellulite Therapy:**

The cost of your individual therapy will be discussed prior to treatment.

# **Single treatment for 1 area:** \$450

1 course-6 sessions for 1 area: \$1950

# **2 courses-12 sessions for 1 area:** \$3600

**3 courses-18 sessions for 1 area:** \$4950

## Maintenance sessions: \$300 per area\*.

\*Price for individual treatments after completion of a series for maintenance.

PulseWave Cellulite Therapy is safe, often more affordable than surgery, and the results can be smooth, natural, and more long term than many other methods.

## **Payment Options**

Payment is required to reserve your appointment time. We accept cash, all major credit cards, health savings cards, and CareCredit.



Richard L. Bloy, MD FACOG Fort Myers & Naples | 239.561.9191 Contemporary Health Center.com



Cellulite leaves many women and men feeling self conscious and uncomfortable wearing swimsuits and other clothing. PulseWave is a highly effective treatment that can reduce cellulite.

#### What causes cellulite?

Cellulite is just fat beneath the skin that appears lumpy because it's pushing against connective tissue and puckering - that's why over 70% of women have some, whether they're heavy or thin.

Some factors that predispose you for cellulite are genetics, heredity, ethnic background, body weight, age, hormonal changes, weight gain, poor diet, smoking, and lack of physical activity. Recently, inflammation has been implicated. Research shows it can also contribute to the formation of cellulite on women (and men) of all ages.

No one really knows the exact cause of cellulite.

PulseWave Therapy is used in many areas in medicine such as orthopedics, physiotherapy, sports medicine, and even veterinary medicine. It has been used by healthcare providers for many years to treat chronic pain and to restore mobility. It is an effective non-surgical treatment to speed up recovery for people suffering from acute or chronic pain.

Cardiologists and orthopedic physicians have proven that PulseWave works. Now, it is being used to reduce the appearance of cellulite.

# **How does PulseWave Therapy work?**

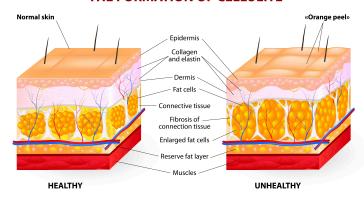
Pulse waves are acoustic waves (vibrations) that carry energy. Low-intensity pulsewaves (similar to ultrasound waves) are transmitted to the treatment area. This creates micro trauma to the cellulite, stimulating the body's natural healing response and the growth of new healthier tissue with improved elasticity, collagen and thicker skin.







### THE FORMATION OF CELLULITE



# How does PulseWave Cellulite Therapy differ from other treatments?

PulseWave is a regenerative approach that aims to reduce cellulite by improving the circulation, elasticity, and health of the tissue. PulseWave is a simple, drug free, painless, and non-invasive procedure. Other methods (i.e. surgery or injections) involve downtime or aren't as long lasting. PulseWave is a good 1st line of attack against cellulite because of its safety, proven efficacy, and lack of downtime.

# **PulseWave Cellulite Therapy versus other options:**

- Visible results as soon as 3 weeks
- Offers proven clinical long-term results
- Completely safe
- Non-invasive, painless & affordable
- No anesthesia needed
- · No risk of infection, no scarring
- No downtime faster healing
- Over 80% patient satisfaction

# Is PulseWave right for me?

Because PulseWave is so safe and non-invasive, most patients with any degree of cellulite are good candidates. However, there are some that are not candidates for this therapy. Your provider will evaluate you to determine if PulseWave is right for you.

### What areas can be treated with PulseWave?

PulseWave is most often used to counter cellulite wherever it appears on the body – especially on the thighs, upper arms, hips, flanks and buttocks.

## **Benefits of PulseWave Cellulite Therapy:**

- Increase skin elasticity
- Stimulate blood and lymph circulation
- Increase membrane permeability
- Remodel collagen within the skin
- Increase skin tone and elasticity and skin thickness by collagen stimulation
- Decrease the subcutaneous fat cell size by lipolysis, decreasing the fat pockets causing cellulite dimpling
- Improve local circulation and lymphatic drainage to decrease swelling and inflammation
- Stimulate healing and collagen production

#### When will I see results?

You may see some visible results after your first session. In most cases, it takes 4-5 treatments before you will see more obvious changes to the condition. Full benefits, though, will take up to 12 weeks from your last treatment in the series to develop as the damaged tissue is expelled and new healthier tissue develops.

## How long do the results last?

The results are long lasting and may be more permanent. Effects have been scientifically proven to last 2+ years. This varies with individual age, health and lifestyle factors. For those with a strong tendency to develop cellulite, occasional maintenance sessions may be helpful for maintaining the results.

# Is PulseWave Therapy effective?

Other than treating chronic pain, PulseWave Therapy has been studied and shown to be effective for cellulite treatment. Undergoing PulseWave therapy disrupts the fibrous tissue responsible for the uneven appearance on the skin. By repeatedly applying constant pressure on the affected area, it improves the stimulation of blood flow and lymph circulation.

The increase in the exchange of blood lipids stimulates the metabolism of fatty deposits. In addition, the treatment triggers the skin to produce more collagen and elastin fibers.

#### **How to Get Started**

The first step is to schedule a consultation. We will discuss your condition, medical history and treatments you've tried. Then, we will review treatment options to help you decide which is best for your cellulite.